

## Digital **Navigators**

Digital navigators are trained to work with individuals to help them use computers, tablets, or smartphones to do everyday tasks.

- Consult with healthcare providers remotely through telehealth.
- Apply for jobs and create online resumes.
- Use government services and resources.
- Connect with family, friends, and communities online.
- Access information, take online courses, and develop new skills.
- Pay bills, bank, and shop online.

## Free Digital Navigator Training







https://www.coursera.org/s pecializations/goodwilldigital-navigator-certificate



Telehealth Access for **Digital Navigators** 



https://nrtrc.catalog.instructure. com/courses/navigating-thetelehealth-neighborhood-aguide-to-telehealth-access-fordigital-navigators

## Free Individual Help

**AARP Senior Planet Hotline** 

- 888-713-3495
- Monday-Friday, 6am-5pm Pacific and Saturday 6am-11am Pacific

Local libraries often offer individual help.





