

Digital navigators are trained to work with individuals to help them use computers, tablets, or smartphones to do everyday tasks.

- Consult with healthcare providers remotely through telehealth.
- Apply for jobs and create online resumes.
- Use government services and resources.
- Connect with family, friends, and communities online.
- Access information, take online courses, and develop new skills.
- Pay bills, bank, and shop online.

Free Digital Navigator Training





https://www.coursera.org/s pecializations/goodwilldigital-navigator-certificate



NRTRC: Guide to Telehealth Access for Digital Navigators

digital-navigators

https://nrtrc.catalog.instructure.com/courses/navigating-the-telehealth-neighborhood-aguide-to-telehealth-access-for-

Free Individual Help

AARP Senior Planet Hotline

- 888-713-3495
- Monday-Friday, 6am-5pm Pacific and Saturday 6am-11am Pacific

Local libraries often offer individual help.





